

A LA CARTE

Subs	<i>Half</i>	<i>Whole</i>
Steak.....	4.99	7.99
Cheesesteak.....	5.99	8.99
Hamburger.....	4.99	7.99
Cheeseburger.....	5.99	8.99
Cold Cut Deli.....	4.99	7.99
Turkey.....	4.99	7.99
Roast Beef.....	5.99	9.99
Ham & Cheese.....	4.99	7.99
Tuna Salad.....	4.99	7.99

**mushrooms on all subs \$1.69 extra*

Soups	<i>Cup</i>	<i>Bowl</i>
Navy Bean.....	2.49	3.49
Clam Chowder.....	2.99	3.99
Sting-Ray's Chili.....	3.49	4.99

Fried Chicken

2 Piece Snack.....	4.99
3 Piece Basket.....	7.49
Chicken Tenders.....	8.99
8 Piece Bucket.....	9.99
12 Piece Bucket.....	13.99
16 Piece Bucket.....	16.99

Salads

Garden Tossed Salad.....	3.95
Chef Salad.....	8.49
Vegetable Sampler.....	6.99
Greek Salad.....	4.95

Ice Cream

Cone.....sm	2.49	lg	3.99
Cup.....sm	2.79	lg	4.29
Shakes.....Milk	3.50	Malt	4.25

KID'S MENU

Includes fries and a drink for children 12 and under

Grilled Cheese.....	3.99
Hamburger.....	4.99
Cheeseburger.....	5.49
Chicken Tenders.....	5.49
Shrimp.....	6.99

BULK ITEMS

Homemade Chicken Salad	
12 oz.....	4.50
16 oz.....	6.00
32 oz.....	12.00
Hand Pulled Pork BBQ.....	7.00/lb
*Sweet Potato Biscuits.....	4.50/doz
*Sliced Country Ham.....	9.00/lb

*** Please Call in Advance**

Soups & Veggies Also Sold in Bulk Quantities

SENIORS MENU (Age 55 or Older)

Four Breakfast Choices from 2.49 - 2.99

Served 6 - 11 AM

Senior Dinner

(Served after 4:30 PM)


Following served with 2 sides:

1 Fried Pork Chop.....	7.99
1 Fried Crabcake.....	10.99
1 Fried Chicken Breast.....	4.99
2 Mushrooms Stuffed w/ Crab Imperial.....	7.99
2 Jumbo Shrimp Stuffed w/ Crab Imperial....	13.99
6 oz Delmonico Steak.....	12.99

OPEN 7 DAYS A WEEK

AT 6 AM

Cape Center
26507 Lankford Highway
Cape Charles, Virginia 23310
(757) 331-2505
www.cape-center.com



RESTAURANT

26507 Lankford Highway
Cape Charles, Virginia 23310

CARRY
OUT
MENU

Call-In Orders
(757) 331-1541

BREAKFAST

(Served until 11:00 a.m.)

Sweet Potato Biscuit w/ Country Ham	1.49
Ham Biscuit	2.25
Sausage Biscuit	2.75
Biscuit & Gravy	4.99
Egg Sandwich	2.49
Bacon Sandwich	3.95
Bacon & Egg Sandwich	4.49
Ham & Egg Sandwich	4.49
Sausage & Egg Sandwich	4.49
1 Egg & Toast	2.49
Steak & Eggs	10.99
2 Eggs & Toast	3.25
With Ham, Bacon or Sausage	4.99
Hotcakes	3.95
With 2 Eggs	4.95
French Toast	3.95
Creamed Chipped Beef over Toast	4.99
Cream of Wheat with Toast	3.49
Oatmeal with Toast	3.49

Sides

Cereal	2.49
Hash Browns	1.99
Scrapple	2.49
Grits	1.49
Blueberry Muffin	1.99
Country Ham	3.95
Danish	1.99
Bagel with Cream Cheese	2.99
Bacon & Egg Bagel	4.99

Omelettes

Cheese	4.99
Sausage	6.49
Western	6.99
Ham & Cheese	5.99

Biscuits made from scratch every day by folks who have been making biscuits for over 25 years...eggs fresh from a local market and cooked just the way you request...breakfast steaks hand-cut for each order from certified Angus beef...Felt's country ham and bacon from Virginia..."straight from the boat" seafood specials!

Only the best at Sting-Ray's!

*** Prices subject to change. ***

LUNCH

(Served from 11:00 a.m. - 4:30 p.m.)

Sandwiches

All sandwiches are served with chips

Grilled Cheese	3.49
Ham	4.49
Ham & Cheese	4.99
Hot Dog	2.99
Chili Dog	3.99
Chili Cheese Dog	4.49
Barbeque	4.49
BLT	4.49
Country Ham	5.49
Crabcake	9.99
Flounder	7.99
Tuna Salad	4.49
Roast Beef	5.99
Hamburger	4.49
Cheeseburger	4.99
Bacon Burger	5.49
Bacon Cheeseburger	5.99
Double Hamburger	7.99
Double Cheeseburger	8.49
Bacon Double Cheeseburger	9.49
Cape Club	7.99
Ribeye Steak	9.99

Sides

French Fries	1.99
Cole Slaw	1.99
Onion Rings	2.95
Tossed Salad	3.95
Grilled Mushrooms	1.69

DINNER

(Served from 4:30 p.m. - closing)

Appetizers

Hot Wings	7.99
1/2 Pound Steamed Shrimp	10.95
Stuffed Mushrooms	12.95

Entrees

All entrees are served with two vegetable choices and a dinner roll. Be sure to ask what vegetables we are featuring when you call in your order.

Clam Strips Platter	7.99
Pre-Breaded Shrimp Platter	13.49
Hamburger Steak	7.49
Pan Fried Pork Chops	13.95
Hand Pulled Pork BBQ	12.99
Half-Rack Pork Ribs	11.99
Fried Catfish	14.95
Delmonico Steak - Certified Angus Beef	
8 oz... 14.99 10 oz... 16.99 12 oz... 19.99	
Broiled Salmon	14.95
Fried Crabcakes	20.95
Batter Fried Shrimp	(7) 16.95
	(12) 19.95
Marinated Shrimp	(7) 16.95
	(12) 19.95
Full-Rack Pork Ribs	18.99
Broiled/Fried Flounder	15.95
Broiled/Fried Sea Scallops	20.95
Crab Imperial	23.95
Stuffed Shrimp (Crab Imperial)	25.95
Smithfield Crab Imperial	25.95
Stuffed Flounder (Crab Imperial)	26.95

CALL FOR OUR GREAT SELECTION OF LUNCH & DINNER SPECIALS!